

Company and a Cuppa

Come along to our friendly group for a free cuppa and chat

All welcome

When? The first Wednesday of the month from 11am to 1pm

Where? The One Colchester Community Hub, 4-6 Long Wyre Street, Colchester CO1 1LH

Refreshments kindly provided by Nurseplus Care at Home





Representatives from the Dementia Friendly Community, Nurseplus Care at Home and others available to answer questions.

Contact 01206-505250 or email
information@community360.org.uk



Community360

Winsley's House, High Street, Colchester, CO1 1UG

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