

ONE COLCHESTER COMMUNITY HUB

4-6 Long Wyre Street
Colchester CO1 1LH

open
to all

a warm
welcome

get
involved

meet



One Colchester Community Hub

COMMUNITY
360

community space flexible town centre hire
workshops training meeting social groups
conference art open to all chat learn create
innovate new ideas connect work volunteer
warm welcome advice read relax support

Community360

Winsley's House, High Street, Colchester, CO1 1UG

community360org community360org community360org community.360org

visit www.community360.org.uk

Charity Number 04426567 Registered Charity Number 1092657



MONDAY

- 10:00 - 13:00 Friendship Group
- 13:00 - 15:00 Dominoes
- 15:00 - 16:00 Ballroom Dancing (2nd and 4th Monday of the month)

TUESDAY

- 10:30 - 13:00 Weight Management
- 11:00 - 13:00 I-Tea Tech Support
- 11:00 - 12:00 Golden Days

WEDNESDAY

- 10:30 - 12:30 Re-Breathe SEND Cultural Support Group
- 13:00 - 15:00 Board Games
- 13:00 - 15:00 Essex Law Clinic (by appointment only)
- 17:00 - 20:00 Gaming Night (Warhammer) 16+

THURSDAY

- 10:00 - 12:00 Women's Group
- 10:30 - 11:30 Waiting Well
- 11:00 - 12:00 Coffee with a Cop (first Thursday of the month)
- 11:00 - 12:00 Monthly Active Challenge (last Thursday otm)
- 13:00 - 15:00 Rough Sleeper Support
- 13:00 - 15:00 Dementia Drop-In
- 13:00 - 15:00 Dominoes

FRIDAY

- 11:00 - 13:00 Tec Mates IT Support
- 13:00 - 15:00 Creative Art & Craft
- 13:00 - 15:00 Reclaim Art Tribe (First Friday of the month)

SATURDAY

- 10:30 - 12:00 Carrom Club
- 11:00 - 12:00 Zumba/Afrobeats
- 12:00 - 14:30 Pranic Healing
- 13:00 - 15:00 Knit and Nat