

MONTHLY ACTIVE CHALLENGE One new activity per month for you to try!

One Colchester Community Hub 4-6 Long Wyre Street CO1 1LH Last Thursday of each month 11am - 12pm

Join us each month for exciting opportunities to try out new activities, including walking, table tennis, zumba and yoga

Please contact Emily Wingate for more information t: 01206 505250 e: information@community360.org.uk

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