

ACTIVE MOTIVATION

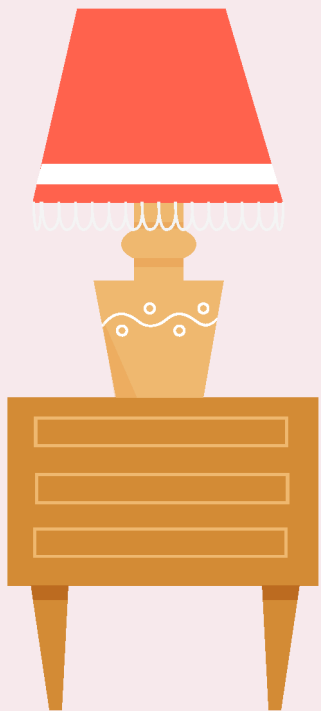


An online motivational walk

Would you like to
get more active
in the comfort of
your own home?



Everyone is welcome
to join the
Active Motivation
online sessions
FRIDAYS
from
10.30-11.00



Scan here to join in the fun

Have fun, get moving, meet like-minded people and enjoy good music too

Please contact Jo Bryant for details
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Community360

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