



Making It Mindful



Changing Lives  
Community Services

# CRAFT CLUB

***For over 50's***



Join us weekly for our over 50's craft club. Enjoy painting and making a variety of crafts whilst socialising with others. All materials provided including tea and biscuits!



Wednesdays



9.30am - 10.30am



CHANGING LIVES Community Hub COLCHESTER



[www.changinglivescommunityservices.co.uk](http://www.changinglivescommunityservices.co.uk)

