

CARERS VOICES

01376 572829



Essex County Council

healthwatch
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Do you assist someone with daily tasks or companionship?

You may help family members, friends, or neighbours. You may be an unpaid or an unpaid carer.

The 'Carers Voices' initiative is a new opportunity aimed at gathering feedback from caregivers about their experiences and the effectiveness of their role, in collaboration with Essex County Council.

Find out more here:

<https://healthwatchessex.org.uk/2024/01/hearing-carers-voices/>

Let us know,

what do you think of this Newsletter?

Email:

carersvoices@healthwatchessex.org.uk

**A new and enhanced offer
for unpaid carers in Essex
will start in April.**

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The Carers Community Fund, funded by the Better Care Fund Allocation, aims to provide local community support for unpaid carers in Essex, offering digital services and refreshes of training opportunities.

The council is committed to providing information, advice, and support early in their caring role.

Organisations are collaborating to provide relevant support to unpaid carers, and **£1.75 million** has been allocated for local projects to support unpaid carers of all ages.

The Essex Wellbeing Service (EWS) is launching a new five-year offer to provide information and support to unpaid carers in the county, with a central contact point for carers to discuss their caring roles and receive tailored advice and guidance.

Find out more about the support provided here:

<https://www.essexwellbeingservice.co.uk/>

A core offer of specialist services for carers will provide further support, including wellbeing grants, peer support, specialist guidance, and solution-focused interventions.