

ONE COLCHESTER COMMUNITY HUB

4-6 Long Wyre Street
Colchester CO1 1LH

open
to all

a warm
welcome

get
involved

meet

one Colchester
Community in Action

One Colchester Community Hub

COMMUNITY
360

community space *flexible* **town centre** *hire*
workshops **training** *meeting* **social groups**
conference **art** *open to all* **chat** *learn* **create**
innovate *new ideas* **connect** *work* **volunteer**
warm welcome *advice* **read** *relax* **support**

Contact t: 01206 505250 or e: information@community360.org.uk

Community360

Winsley's House, High Street, Colchester, CO1 1UG

[community360org](https://www.facebook.com/community360org) [community360org](https://www.instagram.com/community360org) [community360org](https://www.linkedin.com/company/community360org) [community360.org.uk](https://www.community360.org.uk)

visit www.community360.org.uk

Charity Number 04426567 Registered Charity Number 1092657

COMMUNITY
360 Together
We Thrive

WEEKLY DROP-IN ACTIVITIES :

MONDAY

10:00 - 13:00

Friendship Group

15:00 - 16:00

Ballroom Dancing (4th Monday of the month)

TUESDAY

10:30 - 13:00

Weight Management

11:00 - 13:00

I-Tea Tech Support

11:00 - 12:00

Golden Days

12:00 - 15:00

CCC Energy Advice CC (2nd and 4th Tuesday)

WEDNESDAY

10:30 - 12:30

Re-Breathe SEND Cultural Support Group

13:00 - 15:00

Board Games

17:00 - 20:00

Gaming Night

17:00 - 19:00

Hip-Hop Workshop

THURSDAY

10:00 - 12:30

Pranic Healing

10:00 - 12:00

Women's Group

10:00 - 14:00

Colchester City Council Advice

11:00 - 12:00

Coffee With a Cop (1st Thursday of the month)

12:00 - 13:00

Monthly Active Challenge (last Thursday otm)

13:00 - 15:00

Rough Sleeper Support

13:00 - 15:00

Essex Law Clinic

13:00 - 15:00

Dementia Drop-In

13:00 - 15:00

Dominoes

FRIDAY

11:00 - 13:00

Tec Mates IT Support

13:00 - 15:00

Craft and More

SATURDAY

10:30 - 12:00

Carrom Club

11:00 - 12:00

Zumba

11:00 - 15:00

Ukrainian Women's Group

13:00 - 15:00

Crochet Club

Due to circumstances outside our control there may be occasional changes to this schedule. Please contact 01206 505250 for more information