
Demystifying End of Life Care Workshop



24th Jan 2024

**Advance Care Planning
& Legal Considerations**

**How can you
and the people
you care for
have the best
end of life
possible?**

**"This workshop is
for everyone, and
will help you to
plan for the future
with confidence"**

Join us at:

- Greenstead Community Centre, Colchester CO4 3QE **from 10am - 12noon** (refreshments/networking from 9.30am)

Includes:

- Presentations + Q&A with St Helena hospice + Thompson, Smith & Puxton Solicitors
- Sharing, learning and networking with local community and peers
- Open discussion about dying, death and loss



Attendance is FREE – register at:

StHelena.org.uk/Compassion