

WALKS FOR WELLBEING

FREE walks in your neighbourhood



MONDAY	HYTHE TESCO	11:00 - 12:00
	Meet at entrance for Greenstead Rd steps CO1 2TE	
TUESDAY	COLCHESTER TOWN	12:00 - 12:30
	Meet at One Colchester Community Hub CO1 1LH	
WEDNESDAY	ST JOHNS	10:00 - 11:30
	Meet at car park near post box CO4 ONB	
WEDNESDAY	GREENSTEAD	12:00 - 13:00
	Meet at Greenstead Community Centre CO4 3QE	
THURSDAY	HIGHWOODS	10:30 - 12:30
	With coffee at PCC Hub Cafe - Meet at Chanterelle car park CO4 9RY	
THURSDAY	COLCHESTER TOWN	12:00 - 13:00
	Meet at One Colchester Community Hub CO1 1LH	
FRIDAY	STANWAY	13:00 - 14:30
	Meet at Roman Fields car park CO3 OSH	
SATURDAY	HIGHWOODS	11:00 - 12:00
	Meet at Chanterelle car park CO4 9RY	

**For more information please contact T 01206 505250
E information@community360.org.uk**

Community360

Winsley's House, High Street, Colchester, CO1 1UG

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Together We Thrive