



Social prescribing

in mid and south Essex

Social prescribers and colleagues from primary care, local authorities and voluntary sector welcome

Get inspired by some of the innovative approaches to social prescribing in mid and south Essex.

Discover new ways you can help your patients with their health and wellbeing.

- Find out more about local social prescribing programmes in our communities
- Explore a series of stands and talk with representatives about their work
- Hear from patients on how social prescribing helped them



Join us on
Wednesday 15
November
from 9.30am



Refreshments
provided



Limited
spaces

For more information and to register a place, [visit the Event homepage.](#)

Social prescribing conference

Find out how social prescribing is helping patients at Mid and South Essex Integrated Care System's conference. The all-day conference will be showcasing some of the different approaches to social prescribing in mid and south Essex.

You will be able to hear from social prescribers, clinicians and others on how social prescribing is helping patients and improving outcomes.

We will be hearing from organisations delivering social prescribing in exciting new ways including:

- primary care
- Essex Wellbeing Service
- Basildon and Brentwood specialist social prescribing team
- Community 360
- Thurrock CVS
- Southend Association of Voluntary Services
- Active Essex
- Frontline, the charity focused on social work for children
- Writtle College

You will also have an opportunity to speak directly with other social prescribers, clinicians and professionals. Between presentations, stands will be open where you will be able to get helpful insights and ask questions.

Food and refreshments will be available on the day. On arrival Danish pastries, tea and coffee will be on hand. You will also be able to enjoy a buffet for lunch.

Places are limited to 100 and are available on a first come first serve basis. So don't delay and register today.

[Register here](#)



**Wednesday 15
November**



**9.30am to
4.30pm**



**Writtle University
College
(Northumberland
lecture theatre 1),
Lordship Road,
Writtle, CM1 3RR**



**Pastries and tea,
coffee on arrival**



**Buffet provided
for lunch**

Please note, a videographer will be filming throughout the day and some of the clips will be used for training purposes at a later date.