

Safer Streets

fusion

AUTUMN ACTIVITY

Programme

BOOK NOW

SEPT 2023 – MARCH 2024

All activities are
FREE
and bookable
via the Fusion
Lifestyle app
or at Reception



PFCC
POLICE, FIRE AND CRIME
COMMISSIONER FOR ESSEX

**Braintree District
Community
Safety
Partnership**

**Braintree
District Council**

Teen Yoga

Mondays

4pm - 5pm

Witham Leisure Centre

Women's Self Defence

Wednesdays

12.30pm - 1.30pm,

Witham Leisure Centre

Thursdays

7.45pm - 8.45pm, Witham

Leisure Centre

Mum & Daughter self-defence

Wednesdays

4.30pm - 5.30pm

Witham Leisure Centre

Women's Kickboxing

Wednesdays

6.30pm - 7.30pm,

Witham Leisure Centre

Teen Kickboxing

Wednesdays

3.30pm - 4.30pm

Witham Leisure Centre

Thursdays

4.30pm - 5.30pm

Witham Leisure Centre

Teen Tennis

Fridays

4.30pm - 5.30pm

Maltings Academy Tennis Courts

Teen Escape Room Session

Friday

Monthly sessions

29th Sept, 20th Oct, 10th

Nov, 8th Dec, 12th Jan 2024,

9th Feb, 8th March,

7pm - 8.15pm

Know Escape Rooms Witham



To book any of these sessions
SCAN THE QR CODE at the top

For more information please contact:
steven.bentall@fusion-lifestyle.com

