



# Day Care in Maldon

Our Maldon Day Care Service provides an opportunity for older people to mix socially in a safe environment and engage in stimulating activities with the support of trained staff and volunteers.

It also provides a vital break for Carers.



Action for  
**Family Carers**



We organise a varied activity programme catering for a wide range of interests including quizzes, singing and gentle exercises.

A cooked lunch is also provided.

**Call now  
to book a  
free taster  
day!**

Action for Family Carers  
Maldon Day Care Service  
Brickhouse Farm Community Centre  
Poulton Close  
Maldon CM9 6NG

**Tel: 0300 7708090**



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