

STANWAY
COLCHESTER
Lakelands Community
Centre
THURSDAY
MORNINGS
10am - 12pm FROM
14th September 2023.



PROVIDING THERAPEUTIC REHAB SERVICES FOR STROKE SURVIVORS.

- 🧠 Emotional Counselling
- 🧠 Physiotherapy Services
- 🧠 Communication Support
- 🧠 Coordination
- 🧠 Supporting Independence
- 🧠 Increasing Mobility
- 🧠 Social Groups
- 🧠 Art Therapies

We
are here to
support stroke
survivors and
their families on
the onward
journey...

CALL:
01255 815905

**“To be upset about what you don’t have
is to waste what you do have”**

Ken Keyes Jr.