



# VOLUNTEER

Launch young people for life today

**SEA  
CADETS**

# WHICH VOLUNTEER ARE YOU?

We need people who are happy to roll up their sleeves and get involved to make a positive impact on young people and their communities.

We have lots of different roles at Sea Cadets to choose from and our volunteers gain excellent, nationally recognised training and qualifications for the courses they attend.



Todd-White Art Photography/Ben Fitzpatrick

These are just a few of the roles that might appeal to you:

## BE A WATERSPORTS INSTRUCTOR

If you love being out on the water, why not share your skills with young people in your area? Spend a few hours a week showing young people how to sail, windsurf, kayak, row or canoe at a local Sea Cadets unit.

Don't be put off if you haven't got any watersport qualifications, all you need is lots of enthusiasm. We'll provide you with all the equipment and training.

## JOIN THE UNIT MANAGEMENT TEAM

If you have skills in leadership, business or administration and would like to oversee a unit's operation, why not join a unit's management team?

You can help manage the finances and budgets, help fundraise for the unit, organise events, write press releases for the local media or build corporate relationships with local businesses.





## THINK OUTSIDE THE BOX

Run a first aid course, help teenagers work towards nationally recognised qualifications such as the Duke of Edinburgh's Award or take a group of cadets on an overseas experience.

Football, marketing, IT, first aid, engineering – whatever your interest in life you could bring it to your local unit. Sea Cadets offers so much more than you could imagine.

## MAKE MORE OF YOUR FREE TIME

Whatever your experience and skills, they could be utilised to help young people flourish.

The sky's the limit, so why not contact your local unit for an informal chat on how you can help?

Visit our website to find your local unit:  
[sea-cadets.org/Colchester](http://sea-cadets.org/Colchester)  
 Or get in touch:  
[Colchesterseacadetchairperson@outlook.com](mailto:Colchesterseacadetchairperson@outlook.com)




 /SeaCadetsUK

# JOIN SEA CADETS

Whether at sea or on land, Sea Cadets offers an environment where young people can find confidence and inspiration.

Sea Cadets broadens horizons and creates possibilities through a different kind of adventure. Working across the UK with 15,000 young people aged 10 to 18, help them develop into resilient, confident young people who can launch well in life, whatever their background.

Get involved and join the community of 9,000 people volunteering with Sea Cadets.

**FIND YOUR LOCAL UNIT**

[sea-cadets.org/units](https://sea-cadets.org/units)



Patron: HM The Queen  
Marine Society & Sea Cadets, a charity  
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