





Local Linked Support

Working alongside adults with Autism and/or a Learning Disability to achieve their goals, no diagnosis required

- Reeping Safe
- **Physical Health**
- Emotional Wellbeing
- Accommodation
- Social & Spiritual needs
- Work, Education & Training

£ Finances

Relationships

BRAINTREE DROP-IN SESSIONS

No appointment required!

Email <u>Ilsbraintree@essex.gov.uk</u> for more information

Click or scan the QR code above with your phone for directions to each location

Valero Lounge

57 Newland Street, Witham, CM8 2BE

Every Tuesday, 10am-12pm

Braintree Library

Fairfield Road, Braintree, CM7 3YL

Every Tuesday, 12pm-2pm

Halstead Leisure Centre

Hawthorn Ave, Colchester, Essex CO4 3QE

Every Wednesday, 10am-11:30am



