

# Essex Family Support Service Family Drop-in sessions

**Does your family need some extra support right now?**

The Essex Family Support Service (EFSS) launched in 2020, is led by Community360 whilst working in partnership and collaboration with other voluntary and community sector organisations across Essex to deliver this service as part of the wider Essex Child and Family Wellbeing Service.

This service provides support to families which include school-aged children and young people aged 8-19 years (up to 25 with SEND). This will include families who are not already receiving support from specialist and statutory services such as Southend, Essex and Thurrock Children's and Adolescent's Mental Health Service (SET CAMHS), Social Care and Family Solutions.

**Monthly drop-in session on the first Thursday of the month**

**10am – 12pm**

**Parsons Heath Wellbeing Centre, 37 Parsons Heath, Colchester,  
CO4 3HS**



These sessions are designed to give families impartial advice and signposting to help find relevant services and interventions to address a family's low level needs. Sessions are free and open to all families with children between 8-19 years old (25 with SEND). No booking required.

If you would like to find out more about our service, please visit:

<https://www.community360.org.uk/efss/>

For more information on the drop-in sessions, please contact the Natalie Wright on  
t: 01206 505 250 or e: [nataliewright@community360.org.uk](mailto:nataliewright@community360.org.uk)



**Community360**

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