

COLCHESTER WALK FOR WELLBEING

Time to get out and get active! Fun FREE walks for everyone

MONDAY HYTHE TESCO 11:00 - 12:00

Meet at entrance for Greenstead Rd steps CO1 2TE

TUESDAY COLCHESTER TOWN 12:00 - 12:30

Meet at One Colchester Community Hub CO1 1LH

WEDNESDAY STJOHNS 10:00 - 11:30

Meet at car park near post box CO4 ONB

THURSDAY HIGHWOODS 10:30 - 12:30

With coffee at PCC Hub Cafe - Meet at Chanterelle car park CO4 9RY

FRIDAY STANWAY 13:00 - 14:30

Meet at Roman Fields car park CO3 OSH

SATURDAY HIGHWOODS 11:00 - 12:00

Meet at Chanterelle car park CO4 9RY

Please contact Shawn Leek for details

E information@community360.org.uk T 01206 505250

Community360

Winsley's House, High Street, Colchester, COI IUG

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