

# LOVE VOLUNTEERING

Would you like to give something back to your local community and have a few hours to spare each week? Then we would love to hear from you



Pop into the  
One Colchester  
Community Hub

Saturday 11 February  
From 10am to 3pm

Chat to our student volunteers and staff to find out about the opportunities available to you

And yes we have Valentines Cup Cakes and Goodies – now that should tempt you!

To coincide with Student Volunteering Week which is a celebration of the amazing social impact that students have on their local community, we want to start spreading the love on the benefits of volunteering.

Did you know volunteering can:

- Help improve your wellbeing
- Develops your employability
- Contributes positively to your local community

Community360

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visit [www.community360.org.uk](http://www.community360.org.uk)

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