



# FINDING YOUR FEET WALKS



We are looking at setting up new  
**FREE** walks in your neighbourhood

Meeting at Silver End Library CM8 3RQ

Thursdays from 10.00 - 11.00

Starting on January 5th. All welcome

Get healthier, whilst meeting new people and reconnecting with nature.

Please contact Jo Bryant for details

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## Community360

Winsley's House, High Street, Colchester, CO1 1UG

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