



Sign up to our courses on

Coaching our residents

for better health
outcomes and
personalised care



About the classroom course

The European Mentoring and Coaching Council (EMCC) and Personalised Care Institute accredited '**Adopting A Coaching Approach**' health coaching course is now available for booking on the Our People, Your Future platform.

Health coaching supports the Mid and South Essex Integrated Care System and NHS Long Term Plan to make Personalised Care business as usual by improving:

- Long-term condition health outcomes.
- Medication compliance.
- Positive health-related behaviours.
- Patient-empowering conversations.

Click below for more details of this classroom-based learning opportunity and to book a place:



Book a place

Feedback from learners

"The programme helped me see the value of coaching, not 'telling' someone. It also made me realise the changes I could make."

"Useful in patient and staff management for improving engagement and effectiveness. Inspiring."

"It will enable me to extract the best out of people."

OUR
PEOPLE
YOUR
FUTURE

