

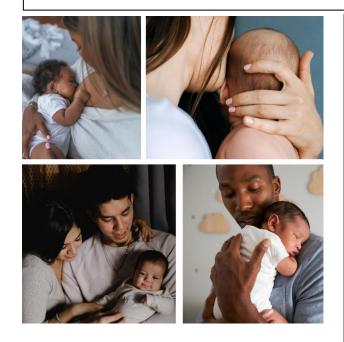




Support, Advice and Signposting for families with newborn babies

across West Suffolk, Ipswich and East Suffolk, and North East Essex

Text 07708 032524



Home-Start is working in partnership with NHS Maternity & Neonatal Services to offer families a place to go for advice, support, and signposting about anything to do with

- your post-birth recovery
- looking after your baby in their first 6 months
- signposting to groups and sources of support

THIS IS NOT AN EMERGENCY NUMBER.

It will be manned Monday – Friday 10am – 2pm.

Text your question and a member of the team will contact you.