



Talk From *Arthritis Action*

Are you or someone you know affected by arthritis? Age Well East are hosting a free presentation from Arthritis Action where you can find out more about support available.

**Come and join us on the 14th of September 2022
10.00-11.00**

Location:

*Age Well East, The Veranda,
63 North Hill,
Colchester, Essex CO1 1PX*

Please phone to book a place:

0300 37 33 333

