



Communities Can...Build Back Fairer

Conference 11 October 2021

2 - 4.30 PM



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TIME	CONTENT	SPEAKER
1.50	Talking Heads - Join the event early to listen to the voices of local people and their experiences	Video
2.00	OPEN Welcome and housekeeping	Event Chairperson - Mark Jarman-Howe, Chair of the North East Essex Health and Wellbeing Alliance and Chief Executive of St Helena
	Health Inequalities	
2.05	Wider Issues and Health in North East Essex	Dr Mike Gogarty Director of Public Health, Essex County Council
2.15	Keynote address – Health Equity in England To read Build Back Fairer visit - https://www.health.org.uk/publications/build-back-fairer-the-covid-19-marmot-review	Professor Sir Michael Marmot
2.35	Interactive Questions (accessible through Slido)	

	Communities Can...	
2.40	One Colchester's commitment to Supporting Communities To Build From Inside Out	Cormac Russell, Managing Director of Nurture Development
	Place and Community Based Activities	
3.00	Addressing Health Inequalities at ESNEFT	Sally Barber, Head of Medical Portfolio and Dr Andrea Turner, Children and Young People lead ESNEFT
3.10	Break – Talking Heads	
	Voluntary and Community Sector Response	
3.20	Tackling inequity and enabling change through voluntary action	Annie Feltham, Chair of Community360
3.30	North East Essex Communities Responding to Crisis To read the report in full visit - https://www.community360.org.uk/insight/	Dr Alix Green and Dr. Rebecca Warren, University of Essex
3.45	A contributor's perspective - Refugee Action Colchester	Maria Wilby, Director

3.50	Lessons From Lockdown	Dr Oonagh Corrigan, Anglia Ruskin University and Dr Pamela Donnelly, Strategic Director of Customer and Relationships Colchester Borough Council
	Our Ambitions, Our Response	
4.10	Interactive Questions (accessible through Slido)	
4.20	Summary and Next Steps Phase II - our objectives Including the launch of Marmot Community Sector Leadership Forum in late November 2021 To find out more about the forum visit - https://www.community360.org.uk/insight/	Mark Jarman-Howe
4.30	CLOSE and Evaluation (accessible through Slido)	



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Speaker's Biographies



**Professor Sir Michael G. Marmot MBBS, MPH, PhD, FRCP, FFPHM, FMedSci, FBA;
Director of the Institute of Health Equity (UCL Department of Epidemiology & Public Health)**

Sir Michael Marmot has been Professor of Epidemiology at University College London since 1985. He is the author of *The Health Gap: the challenge of an unequal world* (Bloomsbury: 2015), and *Status Syndrome: how your place on the social gradient directly affects your health* (Bloomsbury: 2004). Professor Marmot is the Advisor to the WHO Director-General, on social determinants of health, in the new WHO Division of Healthier Populations; Distinguished Visiting Professor at Chinese University of Hong Kong (2019-), and co-Director of the of the of the CUHK Institute of Health Equity. He is the recipient of the WHO Global Hero Award; the Harvard Lown Professorship (2014-2017); the Prince Mahidol Award for Public Health (2015), and 19 honorary doctorates. Marmot has led research groups on health inequalities for nearly 50 years. He chaired the Commission on Equity and Health Inequalities in the Americas, set up in 2015 by the World Health Organization's Pan-American Health Organization (PAHO/ WHO) and chaired the Commission on Social Determinants

of Health (CSDH), which was set up by the World Health Organization in 2005, and produced the report entitled: 'Closing the Gap in a Generation' in August 2008. At the request of the British Government, he conducted the Strategic Review of Health Inequalities in England post 2010, which published its report 'Fair Society, Healthy Lives' in February 2010. This was followed by the European Review of Social Determinants of Health and the Health Divide, for WHO EURO in 2014; Health Equity in England: Marmot Review 10 Years On, in 2020; Build Back Fairer: the COVID-19 Marmot Review in 2021; and the Report of the Commission on Social Determinants of Health in the Eastern Mediterranean Region, for WHO EMRO, also in 2021.

Professor Marmot also chaired the Expert Panel for the WCRF/AICR 2007 Second Expert Report on Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective; the Breast Screening Review for the NHS National Cancer Action Team, and was a member of The Lancet-University of Oslo Commission on Global Governance for Health. Early in his career, he set up and led a number of longitudinal cohort studies on the social gradient in health in the UCL Department of Epidemiology & Public Health (where he was head of department for 25 years): the Whitehall II Studies of British Civil Servants, investigating explanations for the striking inverse social gradient in morbidity and mortality; the English Longitudinal Study of Ageing (ELSA), and several international research efforts on the social determinants of health. He served as President of the British Medical Association (BMA) in 2010-2011, and as President of the World Medical Association in 2015. He is President of the British Lung Foundation. He is an Honorary Fellow of the American College of Epidemiology; a Fellow of the Academy of Medical Sciences; an Honorary Fellow of the British Academy, and an Honorary Fellow of the Faculty of Public Health of the Royal College of Physicians. He was a member of the Royal Commission on Environmental Pollution for six years and in 2000 he was knighted by Her Majesty The Queen, for services to epidemiology and the understanding of health inequalities. Professor Marmot is a Member of the National Academy of Medicine.



Mark Jarman-Howe

Mark is Chief Executive of St Helena Hospice based in Colchester. He is Chair of the North East Essex Health and Wellbeing Alliance, a partnership of NHS organisations, local authorities and the voluntary sector; one of three Alliances within the Suffolk and North East Essex Integrated Care System.

He is a non-executive director of Dignity in Dying, and trustee and Vice Chair of national charity Compassion in Dying. He has previously worked in the NHS, as a commissioner and as a senior operational manager, and before that as a senior manager in policy and operational roles in HM Prison Service. He has a degree in Politics and an MBA.



Michael Gogarty - Director, Wellbeing, Public Health & Communities

Mike has lived in Tendring and now around Ipswich for nearly 35 years. He has been in senior public health positions for nearly as long having previously been a GP in Clacton. He has been the Essex County Council Director for Communities for the last 4 years. Mike is passionate about improving people's health and especially in addressing inequalities. Mike fully recognises the importance of partnerships in improving public health and that often it is only communities themselves who can solve the most prevalent health issues. He sees the work of Community 360 as vital, he is fully aware of the awful toll in the wake of Covid and is delighted to be part of the systems efforts to Build Back Better policy and operational roles in HM Prison Service.



Cormac Russell

Cormac is a social explorer, an author and a much sought after speaker. He is Managing Director of Nurture Development and a faculty member of the Asset-Based Community Development (ABCD) Institute, at DePaul University, Chicago.

Over the last 25 years, Cormac's work has demonstrated an enduring impact in 35 countries around the world. He has trained communities, agencies, NGOs and governments in ABCD and other community-based approaches in Africa, Asia, Australia/Oceania, Europe and North America.

<https://www.nurturedevelopment.org/who-we-are/cormac-russell/>



Sally Barber

Sally Barber is Head of the Medical Portfolio at ESNEFT. In her current role Sally supports the Chief Medical Officer in managing the medical directorate.

Currently the Inequalities agenda is a big focus for the Trust who are leading a programme of work to address this.



Dr Andrea Turner

Dr Turner has worked as a Consultant Paediatrician at Colchester Hospital since 2004. She is also the Clinical Lead for Colchester Children's Services, and in December 2020 was appointed the ESNEFT Lead for Children and Young People. In her clinical role, she covers all general and acute paediatric problems and also specialise in paediatric nephrology (children's kidney and bladder problems). She has developed an increasing interest in Young People's Health including those with complex health needs, health prevention and the transition between children's and adult services. In her ESENET CYP Lead role she represents Children's Services on the Trust wide Inequalities Group, and involved in projects around promotion of healthy eating and lifestyle, and management of obesity, with a particular focus on children and young people from more deprived backgrounds where the prevalence of obesity and associated co-morbidities is much higher.



Annie Feltham

Annie is chair of Community360. Previously she was on the Cabinet of Colchester Borough Council, a former civil servant and has worked on international aid programmes for over 30 years. "I would like to thank staff and volunteers at C360 and our partners for their diligence and commitment during the pandemic. We now know much more. Our conference offers us the opportunity to plan our next steps. And I am very excited by that."



Dr Alix Green

Alix R. Green is Senior Lecturer in History at the University of Essex. She works on histories of contemporary Britain, and focuses on the uses of the past in government and organisations. She adopts a collaborative approach to her research and has worked with many company archivists, including at the John Lewis Partnership, Marks & Spencer, Transport for London and The National Theatre. Partnership working with Community360 began with student placements and moved into research with this project. Green is a Fellow of the Royal Historical Society and the founding convenor of the Public History Seminar at the Institute of Historical Research.



Dr Rebecca Warren

Dr Rebecca Warren is a Lecturer in Accounting at the University of Essex. She works on research that explores the role of accounting and accountability in exacerbating social issues, inequalities and inequities, and the way that accounting and accountability can be used by communities in a transformative manner. Warren has worked with organisations, charities, social enterprises and community groups to explore and evaluate their work through collaborative community-based research with a qualitative focus. She has also developed an award-winning module on community organising at the University of Essex. Partnership working with Community360 began with an evaluation project and has moved into research on this project.



Maria Wilby

Maria has been a senior caseworker at Refugee Action - Colchester a not for Profit Community Interest Company working mainly in Colchester, Tendring and wider Essex for around six years.

Their work this year has been with around 374 clients so far from 79 countries. They are refugees, asylum seekers and vulnerable migrants. They also assist Afghans who have been placed in a hotel in Colchester, and an interim asylum hotel with 100 people recently taken from small boats crossing the channel.



Pam Donnelly

Dr Pam Donnelly is an Executive Director at Colchester Borough Council ,Vice Chair of NE Essex CCG and Chair of One Colchester.

Pam has a wealth of experience in serving the needs of customers and communities and is currently focused in all her roles on reducing inequalities in NE Essex.

Pam has experience in the private and public sectors and education; and holds a strong record of strategic leadership . Pam is skilled in managing partnership relationships where she consistently applies the Nolan principles of public life.



Dr Oonagh Corrigan

Dr Corrigan is a Senior Lecturer in Public Health at Anglia Ruskin University (ARU). She is a highly experienced qualitative health researcher with a reputation for leading research that produces regional, national and international impact. Her ethnographic research methods focus on people's lived experiences of health and wellbeing. Her work has directly informed regional and national policy and she has published widely, authoring more than 50 publications including peer reviewed articles, books and reports during her 21-year career. She is currently a steering group member of Public Health England's (East of England) Regional Research Hub.

She works collaboratively, co-producing research with regional, national and international partners. Her current work focuses on well-being and place, the social determinants of health and the role of Community Assets in addressing and in meeting the needs of vulnerable populations. She and her research team at ARU and Colchester Borough Council's

most recently completed study, 'Lessons from Lockdown: Community Asset Members' experiences during the COVID-19 Pandemic' was commissioned by North East Essex Health & Wellbeing Alliance. This study builds upon previous research led by Dr Corrigan and ARU researchers which revealed the importance of belonging to a community group to members' wellbeing. The resultant findings have informed the development of strategies to tackle social inequalities in North East Essex.

Links to Press Quotes:

<https://medicalxpress.com/news/2020-07-groups-lifeline-post-covid-uk.html>

<https://adph.org.uk/networks/eastofengland/covid-19-vulnerable-groups/>

<https://www.gazette-news.co.uk/news/18600018.community-groups-set-receive-support-report/>

Hospital discharge – everyone loses when its handled poorly | British Geriatrics Society (wordpress.com)