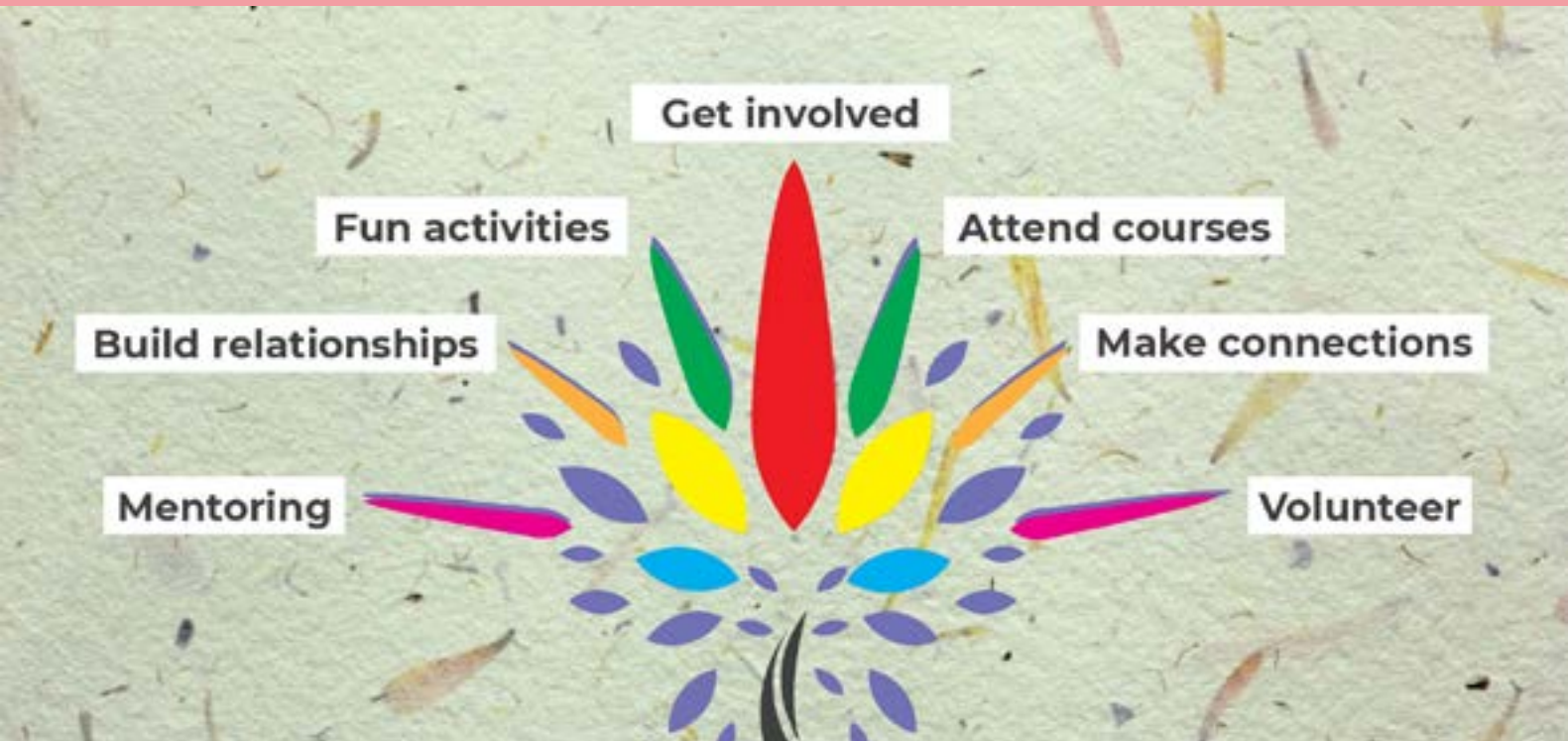


Essex Family Support Service

E-Bulletin August 2021

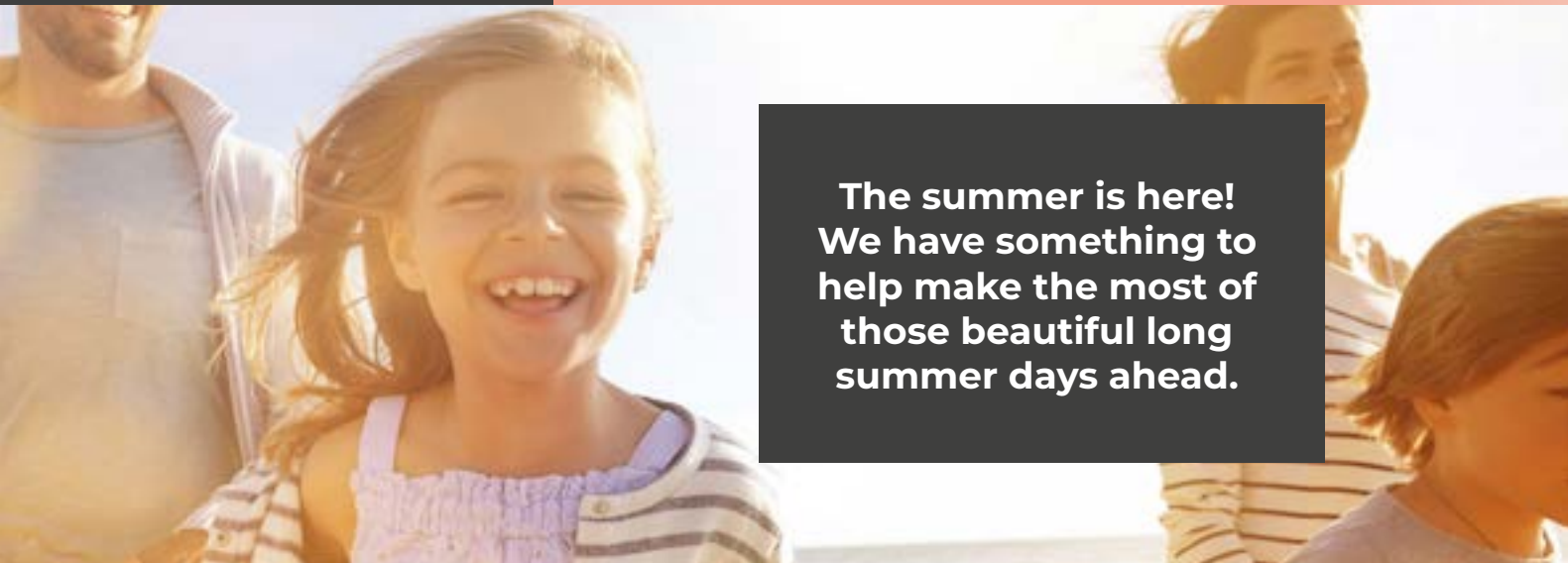


Community360 are working in partnership and collaboration with other charities and groups across Essex to deliver this service as part of the wider Essex Child and Family Wellbeing Service. We've partnered with Virgin Care and Barnados and want to provide as much support as we can to you and your family.

Our team of staff & volunteers are here to provide one to one support for you & your family. For details on how to refer to our service, see the last page of this bulletin. We look forward to hearing from you.

Focus on

Summer Staycations!



**The summer is here!
We have something to
help make the most of
those beautiful long
summer days ahead.**

This year more than ever people are choosing to take Staycations and using their leave for day trips around the country or their local area.

The EFSS team would like to help you out with some ideas that the whole family can enjoy if staying closer to home this year. There really is so much to see and do right here in Essex! The Visit Essex website is a great place to check out for lots of things to do locally this summer. <https://www.visitessex.com/>

[Click Here >](https://www.visitessex.com/)

Thinking of heading down to the beach? Why not check out the beach guide? They have put together their top 10 beaches to visit around Essex. <https://www.thebeachguide.co.uk/south-east-england/essex/top-10-beaches>

[Click Here >](https://www.thebeachguide.co.uk/south-east-england/essex/top-10-beaches)

Or maybe shopping is more your thing? Click it local have a wide range of local shops and ideas in and around the Rochford area. https://www.clickitlocal.co.uk/stores.php?town_id=104

[Click Here >](https://www.clickitlocal.co.uk/stores.php?town_id=104)



Why not share your ideas and plans for your local staycations with us? Let the EFSS team know by tagging us on our socials @community360org or emailing us at families@community360.org.uk we would love to share your ideas with all our families.



Summer Holiday activities. What's happening near you!

Chelmsford City Council are running their Play in the Park Summer Holidays activity sessions for children aged 3-11 years old. They will be at various park locations in and around Chelmsford from the 26th July – 27th August. All sessions are free to attend.

<https://www.chelmsford.gov.uk/leisure-centres/community-sport-and-wellbeing/play-in-the-park/>

[Click Here >](https://www.chelmsford.gov.uk/leisure-centres/community-sport-and-wellbeing/play-in-the-park/)

Active Essex ActivAte is a new Holiday activity and Food programme run by Active Essex in partnership with Essex County Council.

The programme provides FREE face to face clubs for young people who are eligible for free school meals, as well as young people from working families who would benefit from this extra support. Sessions are happening all over Essex this summer!

Active Essex are working hard with partners all over Essex to bring as many local sessions to families as possible, to see the full list of providers and to book your places please click here - <https://www.activeessex.org/children-young-people/essex-activate/summer->

[Click Here >](https://www.activeessex.org/children-young-people/essex-activate/summer-)



Essex Youth Service are offering free DJ workshop sessions for young people 13-19 (up to 25 with SEND) taking place in Maldon Activity Centre, Carmelite Way, CM9 5GF.

Sessions are running – Monday 2nd, 9th and 23rd August from 7-9pm

To book your place or for more information please contact:

lauren.greene@essex.gov.uk

[Click Here >](#)

Brentwood Family Fun days are running every Friday from 23 July – 27 August in parks around Brentwood for more information please check out their website. <https://www.brentwood.gov.uk/-/events-in-brentwood>

[Click Here >](#)



Creative fun for the family

There are lots of amazing family fun ideas you can get involved in this summer, there are so many great YouTube tutorials and ideas to keep the children entertained.

We have pick a few of our favourites to share with you!

<https://www.community360.org.uk/creative-fun-for-the-family/>

[Click Here >](#)



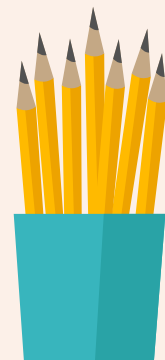
School Readiness !



Are your children starting school for the first time this September? We understand that this can be a happy but stressful time for parents as you make sure your child is prepared and ready to begin school.

We want to try and take some of the stress away by sharing some key tips and resources to help.

<https://www.community360.org.uk/school-readiness/>



[Click Here >](https://www.community360.org.uk/school-readiness/)



Get in touch!

Please let us know what you would like to see in the next edition.
How can we help you and your family?

You can call us on:

T: 01206 505 250

Or you can email us at:

E: families@community360.org.uk

You can also find us online:

f [community360org](https://www.facebook.com/community360org)

@community360org

W: www.community360.org.uk