

❄️ ~UNTIL MARCH 2021~ ❄️

Winter Resilience



**WE WANT YOU TO STAY
SAFE, WELL, WARM & CONNECTED
THIS WINTER.
THAT'S WHY WE ARE HELPING COLCHESTER
RESIDENTS WHO ARE AT RISK FROM THE COLD**

WINTER IS COMING...LET'S GET PREPARED

This year we are going mobile and will be out and about in the community, so look out for the Community360 minibus in your area. We'll be dropping off packs to people at home or you can come along to collect your free winter pack* whilst accessing support and advice from staff and volunteers. We'll also be sharing packs with local groups to distribute and serve as pick up points. Enquire with us and we'll let you know about your nearest pick up point.

The project supports the aims of Livewell, a campaign which helps to support residents to improve their physical and mental wellbeing. As a result, we'll be facilitating physical activity groups, such as walking and sharing items to help people and families of different ages to stay well

assessments are conducted to confirm eligibility for packs

