

InterAct

Funded by



Skills Funding Agency



Mental Health First Aid Training

This course is for you if you want to...

LEARN NEW SKILLS &/ ENHANCE YOUR CV

IF YOU CARE FOR OR WORK WITH VULNERABLE YOUNG PEOPLE/ADULTS

IF YOU ARE THINKING OF VOLUNTEERING OR SEEKING PAID EMPLOYMENT

What you say, how you say it, and how well you listen can have a profound impact on someone who is emotionally distressed or having a difficult time. Everyone can learn and benefit from MHFA skills.

Mental Health First Aid (MHFA) training is an interactive and practical training course to help you spot the early signs of a mental health problem. It will equip you with tools and techniques to help you, your friends, family and colleagues.

"Course very informative on all levels. Will be helpful to help others with mental health difficulties"

"This course will help in the work I choose to do and benefit my family"

The course runs over 4 weeks:

Dates : 7th 14th 21st 28th June 2021

Times: Session 1 and 3 from 10:00 to 15:00

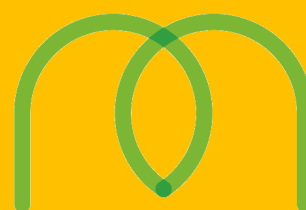
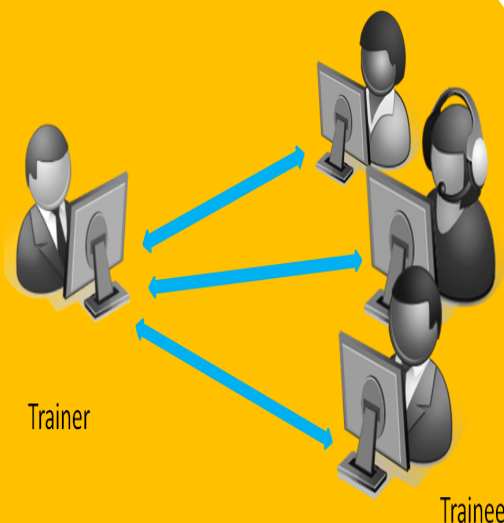
session 2 and 4 from 10:00 to 13:30 including breaks

Venue: Zoom platform you will receive an invite once registered

To Book your place please call/email :

Email: information@community360.org.uk

Telephone 01206 505250



MHFA England